National Competitions San'at wa Dastkārī

Program for 2016

Group	Learn to Make (Neatness will be awarded)	Learn to Cook
Nāsirāt (7-8)	Cardboard Doll (use recycled material; max. 12" & min. 8" height)	Nutella Sandwich with Fruit (make only two sandwiches)
Nāsirāt (9-10)	Cardboard Pencil Holder (use recycled material)	Chicken Sandwich (make only two sandwiches)
Nāsirāt (11-13)	Handbag without sewing made out of fabric (any size)	Chicken/Veggie Wrap (make only two wraps)
Nāsirāt (14-15)	IPad Bag with fabric (any colour/ pattern)	Chicken/Veggie Pasta (only one servings)
Lajna (15-25)	Hanging Storage Bag With fabric	Chicken Shawarma (only two shawarmas)
Lajna (25+)	Table Mats with fabric (set of two)	Chicken Chilli Dry with Rice (only one servings)

<u>Note:</u> For Nāsirāt competitions, items should be taught to Nāsirāt in class by their Local Secretary San'at wa Dastkārī.

National Competitions San'at wa Dastkārī <u>Program for 2017</u>

Group	Learn to Make (Neatness will be awarded)	Learn to Cook
Nāsirāt (7-8)	Basic Stitch (fabric size 8"x8")	Mashed Potato Snowman (only two snowmen)
Nāsirāt (9-10)	Hemming Stitch (fabric size 8"x8")	Raita with Boondi (only one serving)
Nāsirāt (11-13)	Blanket Stitch (fabric size 10"x10")	Russian Salad (only one serving)
Nāsirāt (14-15)	Macramé Belt (make to fit your size)	Potato Cutlus (only four pieces)
Lajna (15-25)	Cushion Cover with Applique (one cushion; any design; size 15"x15")	Chicken Palao (only two servings)
Lajna (25+)	Tea Cozy (make with fabric)	Zarda (only one serving)

Note: For Nasirat competitions, items should be taught to Nāsirāt in class by their Local Secretary San'at wa Dastkārī.

Guidelines from Department of San'at wa Dastkārī

- All the Majālis should arrange effective and beneficial classes for the Lajna and Nāsirāt in each month. It is duty of Local Secretary San'at wa Dastkārī to make every effort to arrange these classes on regular basis. She can take assistance from her Local President and her team to arrange these classes. It is highly recommended that the local Secretary San'at wa Dastkārī find the members with extraordinary skills of Sewing/Art & Craft in her Majlis and use her skills to train others. This will help us achieve the purpose of establishment of this department.
- Please make sure to teach and practice the above mentioned items (National Cooking/Art & Craft Competitions) throughout the year and then arrange the competitions in your Majlis.
- The Art & Craft Competitions items of 1st position holder of each Majlis must be sent to the Markaz by March 30th.