Cleanliness is part of faith! Stay clean! Stay Healthy!

Household Cleanliness

Do's:

- ✓ Clean inside, under and behind your fridge weekly
- ✓ Clean washing machine with baking soda and vinegar once a week
- ✓ Cover any holes in walls in the kitchen and laundry (to prevent mice and insects)
- ✓ Clean your stove tops and microwave on a regular basis

Don'ts:

- ✓ Leave expired food in the fridge
- ✓ Don't let spills or crumbs build up in any appliance (clean it right away)
- ✓ Don't let mold build anywhere inside the house (mold can be very hazardous for health)

Remember a
clean house and
environment leads
to a healthy
lifestyle!