

Injury Prevention Counseling

Tips

JULY

✓ 0 – 6 months

- ✓ Do not leave alone on bed, on change table or in tub
- ✓ Keep crib rails up
- ✓ Check water temperature before bathing
- ✓ Do not hold hot liquid and infant at the same time
- ✓ Check milk temperature before feeding
- ✓ Appropriate car seats are required before leaving hospital

✓ 6 – 12 months

- ✓ Install stair barriers
- ✓ Discourage use of walkers
- ✓ Avoid play areas with sharp-edged tables and corners
- ✓ Cover electrical outlets
- ✓ Unplug appliances when not in use
- ✓ Keep small objects, plastic bags, cleaning products, and medications out of reach
- ✓ Supervise during feeding

✓ 1 – 2 years

- ✓ Never leave unattended
- ✓ Keep pot handles turned to back of stove
- ✓ Caution with whole grapes, nuts, raw carrots, etc. due to choking hazard
- ✓ No running while eating
- ✓ Dentist by age 1 - 3

✓ 2 – 5 years

- ✓ Bicycle helmet
- ✓ Never leave unsupervised at home, driveway or pool
- ✓ Teach bike safety, stranger safety, and street safety
- ✓ Swimming lessons, sunscreen, toddler seats in the car, fences around pools
- ✓ Dentist by age 3

