

# Building confidence in Tabligh efforts

National Tarbiyyat Workshop 2013



# Tilawat

يَا أَيُّهَا الرَّسُولُ بَلِّغْ مَا أُنْزِلَ إِلَيْكَ مِنْ  
رَبِّكَ ۖ وَإِنْ لَّمْ تَفْعَلْ فَمَا بَلَّغْتَ  
رِسَالَتَهُ ۖ وَاللَّهُ يَعْصِمُكَ مِنَ النَّاسِ ۖ  
إِنَّ اللَّهَ لَا يَهْدِي الْقَوْمَ الْكَافِرِينَ ﴿٦٨﴾

Sura Al Maidah verse 68



# Translation

- O Messenger! convey *to the people* what has been revealed to thee from thy Lord; and if thou do it not, thou hast not conveyed His Message *at all*. And Allah will protect thee from men. Surely, Allah guides not the disbelieving people.



# Hadith

٤٦ - عَنْ أَنَسٍ رَضِيَ اللَّهُ عَنْهُ عَنِ النَّبِيِّ ﷺ قَالَ: يَسِّرُوا وَلَا تُعَسِّرُوا وَبَشِّرُوا وَلَا تُنْفِرُوا -

« مسلم كتاب الجهاد باب في الامر بالتيسير وترك التنفير »

46. Anas رضي الله عنه narrates that the Holy Prophet صلى الله عليه وسلم said:

*“Make religion easy for others to follow; do not make it difficult. Similarly, present religion in a pleasing manner; do not make it repulsive to others.”*

(Muslim)



## The Promised Messiah(as)

ہماری جماعت کے لیے نہایت ضروری ہے کہ ہر طبقہ کے انسانوں  
کو مناسب حال دعوت کرنے کا طریقہ سیکھے

It is vital for every member of our Jamaat, at every level to learn the appropriate method to convey the message (of Islam)

Malfoozat, Vol 5, p440



# Hazrat Khalifatul Masih V(atba)

Friday Sermon 10 May 2013

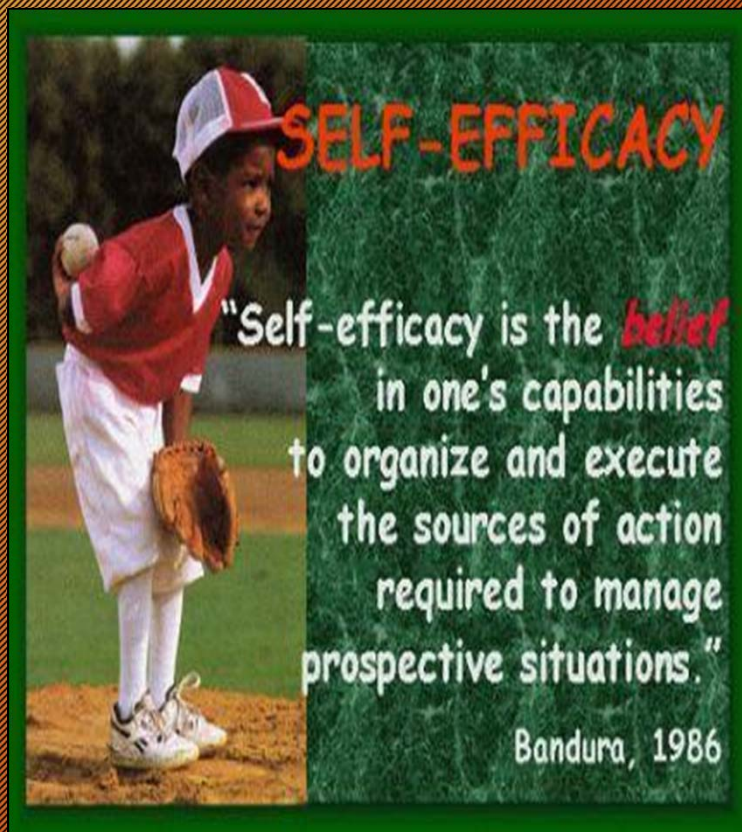


Friday  
Sermon  
May 10,  
2013





# What is self-confidence?



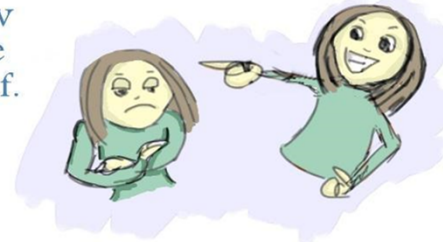
## Self Esteem

People forget...

It isn't how other people see you.



It's how you see yourself.



...and that's what makes it hard...



# Scenario

Discuss how you recognise a friend with low self confidence.

What do you do to boost their self esteem?

How successful is this and why?



# Self Confidence vs Low Self Confidence

Self Confidence	Low Self-Confidence
Doing what you believe to be right, even if others mock or criticize you for it.	Strongly governed by perception or fear of what other people think.
Being willing to take risks and go the extra mile to achieve better things.	Playing it safe, refusing to put a toe out of line and strong aversion to taking risks.
Admitting your weakness, and trying to improve them. Having the bravery to 'know what you don't know'	Fully intent on covering up mistakes and hoping that you can fix the problem before anyone notices.
Less need for approval of others	Playing up your virtues to seek approval as often as possible by as many people as possible.
Recognition of goal-setting, challenging oneself to go further	Trying to negate achievement by others, putting others down to boost self-worth
Focus on the end goal, unafraid of failure/setbacks	Bogged down by details of the journey("What if's?"), strong fear of failure/rejection
Courage of convictions/ Strong, resolute in belief	Doubtful as to the truth of the message/ Weak in belief
Unafraid of change in conditions/environment	Seeks constant, fixed condition/environment
Endless potential for positive growth and re-inforcement	Greater potential for negative retardation and stunted development
Acceptance of Identity	Reluctance to accept Identity
Matured thought process	Immature thought process
Not easily embarrassed	Easily embarrassed
Constructive	Self-destructive



# Building your own self-confidence

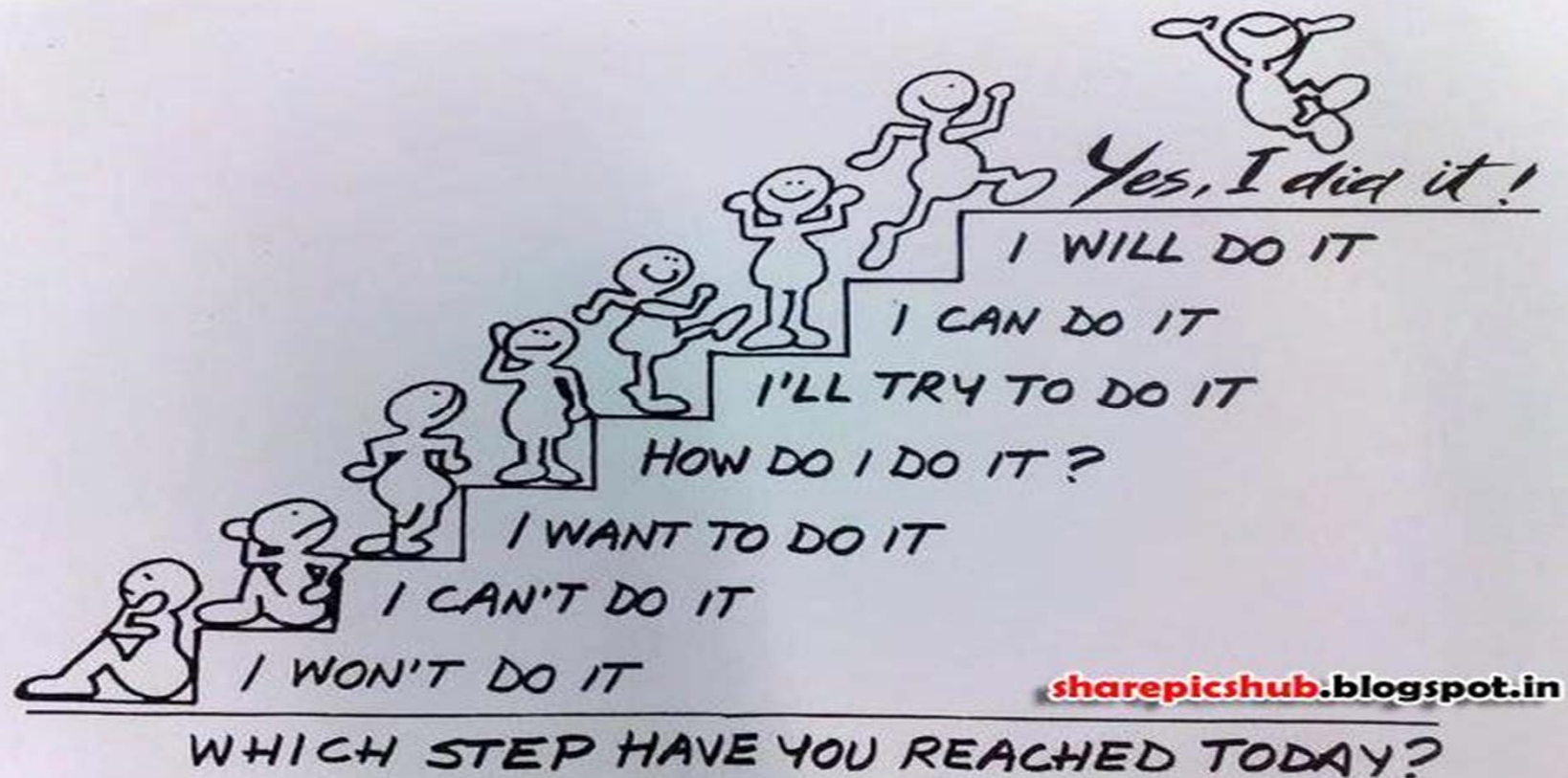
فَإِذَا سَوَّيْتَهُ وَنَفَخْتُ فِيهِ مِنْ رُوحِي  
فَقَعُّوا لَهٗ سُجَّدِيْنَ ۝۳۰

'So when I have fashioned him *in perfection* and have breathed into him of My Spirit,  
fall ye down in submission to him.'

Sura Al Hijr verse 30



# Steps to achieving confidence





# Prayer for achieving success

قَالَ رَبِّ اشْرَحْ لِي صَدْرِي ﴿٢٦﴾

وَيَسِّرْ لِي أَمْرِي ﴿٢٧﴾

وَاحْلُلْ عُقْدَةً مِّنْ لِّسَانِي ﴿٢٨﴾

يَفْقَهُوا قَوْلِي ﴿٢٩﴾

Moses said, 'My Lord, open out for me my breast,  
'And ease for me my task,  
'And loose the knot of my tongue,  
'That they may understand my speech,  
Sura TaHa, verse 26-29



# Who is a contact?

- Anyone you have “interaction” with
- Two-way recognition
- Built up over time
- Public and private spheres
- Pushed away or drawn close
- Varying comfort levels



# Scenario

- Discuss the difficulties of Integration with Canadian Society.
- Is it harder or easier as you get older?





# Scenario

Your friends want to know why you cannot drink, take drugs, or go out with them to mingle and date. They accuse you of being boring and “no fun to have around.”

How would you respond? Why?



// It is obvious that the primary task and important step we have to undertake is to recognize God. If our recognition of God is defective, doubtful and befogged, our faith cannot be bright and shining. So long as we have no true experience of the recognition of God, through His attribute of Rahimiyyat, we cannot drink the fresh water of the spring of true comprehension

Ayyam-us-Sulh, Ruhani Khazaian, Vol 14, p244

Faith means acceptance at a stage when knowledge is not yet complete, and the struggles with doubts and suspicions is still in progress //

Ayyam-us-Sulh, Ruhani Khazaian, Vol 14, p261

## Conviction of Faith according to the Promised Messiah(as)





## Scenario

Muslim women are told to cover their heads and wear loose garments. In light of the Quebec anti-religion Movement, discuss Muslim Identity.



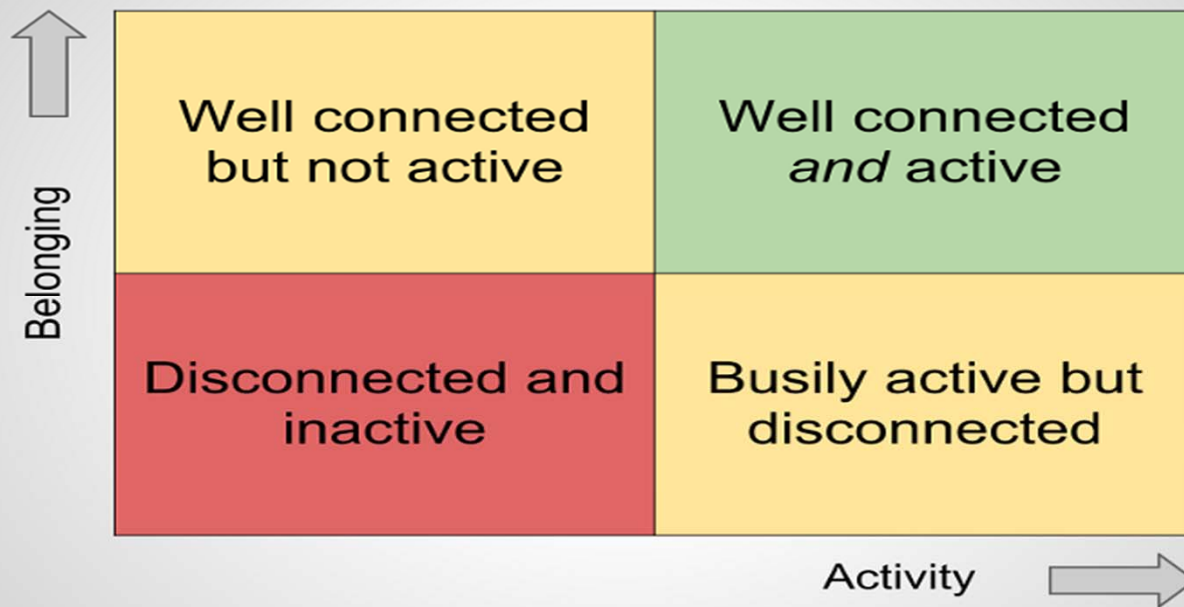
# Video response to Quebec Anti-Religion Movement



# The Face Veil

M b i o f x  
C o h w i p y l  
g s Z u w y  
q b y n k o y m n c i h y x  
c h w i o l n )





# Sense of Belonging and New People



# Reward of activity

لَا يَسْتَوِي الْقَاعِدُونَ مِنَ الْمُؤْمِنِينَ  
غَيْرُ أُولِي الضَّرَرِ وَالْمُجَاهِدُونَ فِي  
سَبِيلِ اللَّهِ بِأَمْوَالِهِمْ وَأَنْفُسِهِمْ ۖ فَضَّلَ  
اللَّهُ الْمُجَاهِدِينَ بِأَمْوَالِهِمْ وَأَنْفُسِهِمْ  
عَلَى الْقَاعِدِينَ دَرَجَةً ۖ وَكُلًّا وَعَدَ اللَّهُ  
الْحُسْنَى ۖ وَفَضَّلَ اللَّهُ الْمُجَاهِدِينَ عَلَى  
الْقَاعِدِينَ أَجْرًا عَظِيمًا ﴿٩٦﴾

Those of the believers who sit *still*, excepting the disabled ones, and those who strive in the cause of Allah with their wealth and their persons, are not equal. Allah has exalted in rank those who strive with their wealth and their persons above those who sit *still*. And to each Allah has promised good. And Allah has exalted those who strive above those who sit *still*, by a great reward.

Sura Al Nisa verse 96



# Steps to successful preaching

- Offer prayers in congregation
- Wake up for Tahajjud prayers
- Recite and study the Holy Quran
- Offer voluntary fast every week
- Offer Sadaqa
- Write letters to Huzoor (aa)
- Watch MTA
- Use Jama'at websites for information
- Join Rapid Response Team (RRT)
- Conduct Question and Answer Sessions (Role Play)



// God Almighty desires to draw all those who live in various habitations of the world, be it Europe or Asia, and who have virtuous nature, to the Unity of God and unite His servants under one Faith. This indeed is the purpose of God for which I have been sent to the world. You, too, therefore should pursue this end, but with kindness, moral probity and fervent prayers. And till that time when someone inspired by God with the Holy Spirit is raised by Him, all of you should work in harmony with one another. //

Reason for the coming of the Promised Messiah(as)





[sharepicshub.blogspot.in](http://sharepicshub.blogspot.in)

WHICH STEP HAVE YOU REACHED TODAY?



# Questions